



6th Annual BOB BRIDGMAN 5K MEMORIAL RUN



Monday, May 29th, 8:30 AM

Mansfield University

Carl Van Norman Field / Robert T. Maxson Track

Bob Bridgman began a career of long distance running in 1976 and brought to the sport the integrity that he took every where else he went. He made many friends on the local racing circuit, where he competed almost every weekend for 25 years. He loved both the sport and the people who participated in it so much, that he would often tell people that he lived life from one Saturday to the next. This race is held in remembrance of Bob.

- ◆ Proceeds to benefit the SPCA, M.U. Cross Country, M.H.S. Cross Country, and the Bob Bridgman Memorial Scholarship at M.U.
- ◆ T-Shirts to the first 100 registrants
- ◆ Age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- ◆ Wheel Measured Course
- ◆ **INSTA-RESULTS PROFESSIONAL TIMING**
- ◆ One Water Stop, Refreshments at the Finish Line, No Duplication of Awards
- ◆ Registration Fee: Pre-Registration - \$12 (must be postmarked by May 22nd)
Registration on Day of Race - \$15
- ◆ Please bring a bag of dry cat or dog food, which will be donated to the PSPCA

Visit us online at <http://www.geocities.com/bridgman5k>

For more information: call Roger Learn: (570) 297-3271, or Fred Davis: (570) 662-3600

Sponsored by the Bob Bridgman Memorial Race Committee and Friends of Bob

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(Registration form and directions follow)

Registration form

Name: _____

Address: _____

Phone: _____ eMail: _____

Age on Race Day: _____ Sex: _____ T-Shirt Size: _____

Waiver: In the consideration of the acceptance of the entry, I, the undersigned, for myself, my heirs, executors, and assigns, do hereby waive and release any and all rights and claims for damages and injuries which I may have against Mansfield Jr./Sr. High School, the Mansfield Jr./Sr. High School Cross Country Team, Mansfield University, and all other persons and entities involved in the event. I attest and verify that I am physically and medically able to participate in, and properly train for this event. Entrants under 18 years of age must have entry form signed by parent or guardian.

SIGNATURE: _____

SIGNATURE OF PARENT/GUARDIAN: _____

Make checks payable to: Bob Bridgman Memorial Fund

Send registrations to: Fred Davis
5 Townview Drive
Mansfield, PA 16933

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(Directions follow)

Directions

From points east on **Rt. 6**

- Turn LEFT at East West Karate (before you get to town) and follow signs.

From points west on **Rt. 6**

- Go through traffic light at center of town
- Pass large Mansfield University sign
- Take 3rd RIGHT (next to East West Karate) and follow signs

From points north on **Rt. 15**

- Take 1st Mansfield exit (Business Rt. 15)
- Turn LEFT at traffic light
- Pass large Mansfield University sign
- Take 3rd RIGHT (next to East West Karate) and follow signs

From points south on **Rt. 15**

- Take exit for Rt. 6 (the second Mansfield exit)
- At the end of exit ramp, turn LEFT onto Rt. 6 (towards Mansfield)
- Go through traffic light at center of town
- Pass large Mansfield University sign
- Take 3rd RIGHT (next to East West Karate) and follow signs